



Since 1999

Kitchen: 061 060 6127 Cell: 084 727 9491

www.dail-a-chef.co.za or orders@dial-a-chef.co.za

Pay by the 1st to receive the discounted rate for the full period.

MENU: JULY 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Don't forget to 'check out' our	Frozen Meals		01 07 21 Curry Beef Vegs in Season	02 07 21 Chicken Broccoli Mushroom Quiche Vegs in Season
05 07 21 Meatballs with Brown Sauce Vegs in Season	06 07 21 Mutton Potjie Vegs in Season	07 07 21 Baked Fish Fillets Vegs in Season	08 07 21 Tia Butter Chicken Vegs in Season	09 07 21 Roasted Gammon / Beef Vegs in Season
12 07 21 Chicken Alfredo Vegs in Season	13 07 21 Mince Lasagna Vegs in Season	14 07 21 Curry Fish/Chicken Vegs in Season	15 07 21 Green Been Bredie Vegs in Season	16 07 21 Curry Mince Vetkoek Vegs in Season
19 07 21 Thyme Fish/Chicken Cakes Vegs in Season	20 07 21 Hawaiian Pork/Beef Stew Vegs in Season	21 07 21 Mince Breyani Vegs in Season	22 07 21 Beef Stroganoff Vegs in Season	23 07 21 Buffalo Wings Vegs in Season
26 07 21 Pork Stir-fry Vegs in Season	27 07 21 Beef Carrot Stew Vegs in Season	28 07 21 Honey Mustard Chicken Pieces Vegs in Season	29 07 21 Lamb Curry Vegs in Season	30 07 21 Savory Mince Wrap Vegs in Season

Please ask your bank to send us an email that a deposit has been made.

Number of Days	Price per Portion		
	Large	Medium	Kiddies
1 to 2 days per week	R84,00	R68,00	R47,00
3 to 5 days per week	R65,00	R53,00	R42,00
Calender Month (Mon to Fri)	R1245,00	R995,00	R745,00

Delivery fee of R80,00 on orders less than R1000,00

Eugene – 082 467 0376

Lino ; 083 502 2237

Deliveries: Bellville, Brackenfell, Kuils River, Kraaifontein, D/ville:

Deliveries: Parow (all suburbs) Goodwood, Edgemoed,

Bothasig:

Dail a Chef Catering;

Mercantile Bank Acc. No 105 079 3722 (Cheque)

Branchcode 450 105.

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Low Carb Menu – JULY 2021

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26 07 21 Pork Stir-fry Vegs in Season	27 07 21 Beef Carrot Stew Vegs in Season	28 07 21 Honey Mustard Chicken Pieces Vegs in Season	29 07 21 Lamb Curry Vegs in Season	30 07 21 Savory Mince Wrap Vegs in Season
Number of Days		Price per Portion		
1 to 2 days per week		R84,00		
3 to 5 days per week		R70,00		
Calendar Month (Mon to Fri)		R1365,00		

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Frozen Food Order Form cell

084 727 9491 or email

hello@dial-a-chef.co.za or orders@dial-a-chef.co.za

Your Name:

		350g		700g		1.2kg		Amount
		Serve 1		Serve 2 / 3		Serve 4 / 5		
<u>Low Carb Range</u>		No	Price	No	Price	No	Price	Payable
1	Chicken Tikka Masala		50.00		95.00		165.00	
2	Chicken Cordon Bleu		50.00		95.00		165.00	
3	Chicken with Olives, Salami & Capers		50.00		95.00		165.00	
4	Lasagne with Baby Marrows		50.00		95.00		165.00	
5	Moussaka		50.00		95.00		165.00	
6	Savoury Mince with Vegetables		50.00		95.00		165.00	
7	Shepherd's Pie		50.00		95.00		165.00	
8	Crustless Broccoli, Bacon & Cheese Pie		50.00		95.00		165.00	
<u>Ordinary Range</u>		350g		700g		1.2kg		
9	Spinach & Feta Lasagne		49.00		95.00		160.00	
10	Lasagne		49.00		95.00		160.00	
11	Creamy Lemon Chicken Pasta		49.00		95.00		160.00	
12	Bobotie		49.00		95.00		160.00	
13	Cottage Pie		49.00		95.00		160.00	
14	Curry Cottage Pie		49.00		95.00		160.00	
15	Spaghetti Bolognaise		49.00		95.00		160.00	
16	Meatballs in Curry Banana Sauce		49.00		95.00		160.00	
17	Meatball in Tomato Pasta Sauce		49.00		95.00		160.00	
18	Lamb Shank Potjie with Baby Onions		52.00		97.00		165.00	
19	Lamb Shank Pie		52.00		97.00		165.00	
20	Lamb Curry		52.00		97.00		165.00	
21	Beef Stroganoff		52.00		97.00		165.00	
22	Pepper Steak Pie		52.00		97.00		165.00	
23	Sweet & Sour Chicken Stir-fry		49.00		95.00		160.00	
24	Honey & Mustard Chicken		49.00		95.00		160.00	
25	Chicken á la King		49.00		95.00		160.00	
26	Chicken Pie		49.00		95.00		160.00	
27	Chicken Broccoli		49.00		95.00		160.00	
28	Thai Butter Chicken		49.00		95.00		160.00	
29	Crustless Broccoli, Bacon & Cheese Pie		52.00		97.00		165.00	
30	Macaroni and Cheese		49.00		95.00		160.00	
31	Greenbean Casserole		52.00		97.00		165.00	

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32	Tomato Bredie		52.00		97.00		165.00
33	Curry Tripe		52.00		97.00		165.00
Vegetables & Rice			350g		700g		
34	Vegetable Variety with Cheese Sauce		26.00		53.00		
35	Roasted Vegetables		26.00		53.00		
36	Sweet Potatoes		26.00		53.00		
37	Pumpkin Puffs		26.00		53.00		
38	Pumpkin Pie		26.00		53.00		
39	Fried Butternut		26.00		53.00		
40	Cream Spinach		26.00		53.00		
41	Cream Spinach with Vegetables		26.00		53.00		
42	White Rice		14.00		23.00		
43	Basmati Rice		16.00		29.00		
44	Savoury Rice (bacon, mushroom & peppers)		26.00		53.00		

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Your Name:

350g

700g

1.2kg

Serve 1

Serve 2 / 3

Serve 4 / 5

Amount

pudding

350g

700g

Malva		31.00		60.00		
Sago		31.00		60.00		
Chocolate		31.00		60.00		

Mini Quiches

6.00

12.00

Bacon & Feta		52.00		96.00		
Ham & Mushroom		52.00		96.00		
Chicken, Broccoli & Cheese		52.00		96.00		

Low Carb Soup

350ml

850ml

Cream of Leek & Cauliflower with Salami		16.00		37.00		
Creamy Cauliflower, Spinach & Mushroom		14.00		37.00		
Coconut, Butternut & Chicken		14.00		37.00		
Butternut		14.00		37.00		
Biltong & Blue Cheese		17.00		43.00		

TOTAL MEALS & AMOUNT NETT

DELIVERY CHARGE R80 less than R1000

TOTAL DUE (Minimum deposit of 60%)

orders@dial-a-chef.co.za

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Your Name:

Vegan Frozen food	350g Serve 1	700g Serve 2 / 3	1.2kg Serve 4 / 5	Amount
Vegan Butter Chicken	52.00	96.00		
Vegan Chicken á la King	52.00	96.00		
Vegan Mushroom Stroganoff	52.00	96.00		
Vegan Pumpkin Curry & Chick Peas	52.00	96.00		
Vegan Spaghetti Bolognaise	52.00	96.00		
TOTAL MEALS & AMOUNT NETT				
DELIVERY CHARGE R80 less than R1000				
TOTAL DUE (Minimum deposit of 60%)				

Information and Rules

Orders must be placed at least one working day prior to the first day of delivery.
 All orders have to be paid by the time delivery takes place and can be done by means of EFT,
 or C O D (with prior arrangement) to the person doing the delivery.
 Please add R15,00 to your cheque amount to cover bank charges
Please no cash payments into the bank.

Payment for monthly orders must reflect on our bank
 statement on the **1st day of the new month**
No Payment = No Delivery

Monthly orders (daily Mon to Fri):
Delivery will continue in the month following the existing month until changed or canceled and you will be liable for the meals delivered if not arranged prior to end of the month.
Should you wish not to continue, in the month to come please give 48 hours notice.

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FOOD IN LARGE CONTAINERS (SERVES 10 PEOPLE)

ITEM	PRICE	ITEM	PRICE
Pepper Steak Pie	390,00	Bobotie	270,00
Stroganoff	370,00	Cottage Pie	270,00
Goulash	360,00	Lasagne Mince / Chicken)	270,00
Beef Strips	360,00	Curry Mince / Chicken	270,00
Chicken á la King	305,00	Pasta Alfredo	405,00
Chicken Nuggets	305,00	Macaroni, Cheese & Mince	305,00
Chicken Pie	290,00	Green Bean Bake	190,00
Chicken Chow Mein & Noodles	305,00	Potato or Sweet Potato Bake	180,00
Breyani	280,00	Vegetables (Country Mix)	180,00
Filled Chicken Breasts	290,00	Rice	70,00
Lamb Pie	430,00	Yellow Rice	90,00
Lamb Shank Pie	435,00	Savoury Rice	130,00
Lamb Shank Potjie with Baby Onions	435,00	Vegan Butter Chicken	305,00
Lamb Curry	425,00	Vegan Chicken á la King	305,00
Lamb Neck	415,00	Vegan Mushroom Stroganoff	305,00
Green Bean Casserole	415,00	Vegan Pumpkin Curry & Chick Peas	305,00
Tomato Bredie	405,00	Vegan Spaghetti Bolognese	325,00
		Savoury Tart	295,00
Malva Pudding	295,00	Bacon & Broccoli Quiche	305,00

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ENTERTAINING PLATTERS (SERVES 8 – 10)

1. Cold Meats (R355)
Variety of five different cold meats garnished with cocktail tomatoes, cucumber, boiled egg, lettuce, olives & parsley.
2. Cheese & Meat (R390)
Variety of five different cold meats, three different cheeses, black, green & stuffed olives garnished with spring onions, peppers, lettuce & radishes.
3. Savoury Cocktail Delites (R345)
Savoury cocktail rolls / puffs, cocktail samoosas, chicken puffs, mini pizzas, carrots, lettuce, olives & cheddar cheese.
4. Sandwich Entertainer (R270)
White, brown or whole wheat bread with an assortment of fillings together with gherkins, stuffed olives & cheddar cheese.
5. Crumbed Chicken & Vegetables (R345)
Crumbed chicken pieces with a variety of eight different fresh vegetables served with a tantalizing dip.
6. BBQ Chicken Platter (R390)
BBQ Chicken, smoked spare ribs, pineapple slices, peppers, cucumber & lettuce served with a BBQ dip
7. Vegetable Garden (R270)
A colourful variety of crunchy fresh vegetables such as carrots, cocktail tomatoes, baby corn, fresh mushrooms, celery, green/red/yellow peppers, onions, spring onions, green beans, asparagus, boiled baby potatoes, radishes & mixed lettuce.
8. Vegetarian (R335)
Vegetable spring rolls, sausages, crumbed nuggets, diced patties, fresh mushrooms, boiled baby potatoes, peppers, radishes, cashew and pecan nuts.
9. Cheese variety (R370)
Cheddar, brie, camembert, blue cheese, feta, biscuits, black & stuffed olives, pickled onions, cocktail tomatoes, gherkins, lettuce.
10. Chips & peanut party (R190)
Peanuts & raisins, flavoured peanuts, salty peanuts, 3 x different flavours of chips, avocado dip.
11. Seafood (R410)
Hake nuggets, calamari rings, crab sticks, cocktail fish frikkadels, celery sticks, parsley, cocktail tomatoes, lemon, cucumber, lettuce & dip.
12. Meat Variety (R390)
Prunes wrapped in bacon, cocktail sausages, chicken drumsticks, cocktail frikkadels, sausage rolls, chicken rolls, steak strips, tomato & dip
13. Sausages & steak bites (R370)
Cocktail sausages, carbanossi, frankfurters, cheese grillers, russians, chicken sausages, steak strips & dip
14. Cheese & biscuits (R325)
Six different kinds of cheeses together with three different kinds of biscuits & dip.
15. Sausages & stuffed eggs (R335)
Cocktail sausages, cheese sausages, bacon sausages, carbanossi, stuffed eggs & dip

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16. Fruit Kebabs. A variety of fresh fruit. (when available)

SALADS (SERVES 8 – 10 PEOPLE)

Apple & Celery Salad R175,00	Fruit & Vegetable Salad R220,00
Beetroot Salad R120,00	Greek Salad R175,00
Carrot & Cabbage Salad R145,00	Lentil & Mushroom Salad R220,00
Carrot & Pineapple Salad R145,00	Mixed Salad R145,00
Cheese & Walnut Salad R220,00	Noodle & Ham Salad R170,00
French Salad R175,00	Pear & Blue Cheese Salad R215,00
Tomato & Onion Salsa R120,00	Potato Salad R170,00
Baby Marrow & Feta Cheese Salad R200,00	

(Alternatives available on request)

The total amount is payable upon placement of order and can be paid into our account:

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