



**Dial - A - Chef**

....Home cooked food delivered to your table

Kitchen & WhatsApp: 069 632 4778

[www.dial-a-chef.co.za](http://www.dial-a-chef.co.za) or [orders@dial-a-chef.co.za](mailto:orders@dial-a-chef.co.za)

Since 1999

**(Please check Information and Rules on page 3)**

**Low Carb Menu – February 2025**

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
		<b>Don't forget to 'check out' our</b>	<b>Frozen Meals</b>	
<b>03 02 25</b> Bobotie Vegs in Season	<b>04 02 25</b> Chicken Alfredo Vegs in Season	<b>05 02 25</b> Beef Stroganoff Vegs in Season	<b>06 02 25</b> Hawaiian Pork/Chicken Vegs in Season	<b>07 02 25</b> Monkey Gland Steak Vegs in Season
<b>10 02 25</b> Chicken Curry Vegs in Season	<b>11 02 25</b> Spaghetti Bolognaise Vegs in Season	<b>12 02 25</b> Beef + Broccoli Stir fry Vegs in Season	<b>13 02 25</b> Baked Fish/Chicken Vegs in Season	<b>14 02 25</b> Pork / Beef Chops Vegs in Season
<b>17 02 25</b> Hungarian Goulash Vegs in Season	<b>18 02 25</b> Honey + Mustard Chicken Vegs in Season	<b>19 02 25</b> Sausage + tomato onion smoor Vegs in Season	<b>20 02 25</b> Curry Banana Meatballs Vegs in Season	<b>21 02 25</b> Chicken Schnitzel Vegs in Season
<b>24 02 25</b> Mince Meatloaf Vegs in Season	<b>25 02 25</b> Thai Butter Chicken Vegs in Season	<b>26 02 25</b> Sweet + Sour Beef Vegs in Season	<b>27 02 25</b> Mince Macaroni Cheese Pie Vegs in Season	<b>28 02 25</b> Chicken Wraps Vegs in Season

Number of Days	Price per Portion
1 to 2 days per week	R100,00
3 to 5 days per week	R83,00
Calendar Month (Mon to Fri)	R1624,00

**Pay by the 1<sup>st</sup> to receive the discounted rate for the full period.  
(Please check Information and Rules on page 3)**

**Delivery: Bellville, B/fell, Kuils River, Kraaifontein, D/ville  
Delivery: Parow (all suburbs) Goodwood, Edgemean, Bothasig**



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## Menu: February 2025

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Number of Days	Price per Portion		
	Large	Medium	Kiddies
1 to 2 days per week	R99,00	R81,00	R57,00
3 to 5 days per week	R78,00	R64,00	R51,00
Calendar Month (Mon to Fri)	R1485,00	R1196,00	R907,00

**Delivery: Bellville, B/fell, Kuils River, Kraaifontein, D/ville:  
Parow (all suburbs) Goodwood, Edgmead, Bothasig**

An option is available for people who do not eat pork or fish. Please inform us if we need to send an alternative.

## **Information and Rules**

Orders must be placed at least one working day prior to the first day of delivery.  
All orders have to be paid by the time delivery takes place and can be done by means of EFT,  
or C O D (with prior arrangement) to the person doing the delivery.

***Please no cash payments into the bank.***

***Payment*** for monthly orders must reflect on our bank  
statement on the ***1st day of the new month***

***No Payment = No Delivery***

### **Monthly orders (daily Mon to Fri):**

*Delivery will continue in the month following the existing month until changed or canceled and you will be  
liable for the meals delivered if not arranged prior to the end of the month.*

***Should you wish not to continue, in the month to come please give 48 hours notice.***

### **PLEASE TAKE NOTE NEW BANKING DETAILS**

#### **Direct Bank Transfers (EFT):**

Bank - FNB

Account type - Cheque account

Account holder - MCGG Canaris Catering (PTY) LTD  
Trading as Dial A chef

Account number - 63033283366

Branch code - 200912

**Our Reference - Your Name & Surname**

**Meals may also be collected from our premises at:**

*Shop 4, De Tijger Centre, 27 Hannes Louw Drive, De Tijger, Parow. (13h00 – 17h00)*

View our website at [www.dial-a-chef.co.za](http://www.dial-a-chef.co.za) and see the other services that we offer:

**The contents of the menu is subject to change without prior notice**